

20-Hour Key Learning Outcomes

The 20-hour basic training is based on An Adult-Sized Guide to Child-Sized Environments. The Office of Child Care Policy developed these guidebooks with input from the community. They are guidebooks for implementing the Washington Administrative Code (WAC) Minimum Licensing Requirements for child care centers, family child care homes and school-age programs. There are three sets of WAC Minimum Licensing Requirements: one for Child Day Care Centers, one for Family Day Care Homes and one for Child Day Care Centers Caring Exclusively for School-Age Children. There are three guidebooks:

- Child Care Center Licensing Guidebook (10/06)
- Family Child Care Home Licensing Guidebook (6/96)
- School-Age Care Companion Guidebook (4/99)

The Child Care Center Licensing Guidebook is available for download at DEL's website (www.del.wa.gov), click on Provider & Educators. The Family Child Care Home Licensing Guidebook and School-Age Care Companion Guidebook have been archived. DEL is in process of revising the WAC's, the guidebooks will follow.

Key Learning Outcomes

For training to meet STARS standards, STARS approved trainers are expected to implement the following key learning outcomes (knowledge or skills participants will gain as a result of taking the training) as they relate to Child Growth and Development, Child Guidance, Health, and Safety:

Child Growth and Development

1. Demonstrate knowledge of age and culturally appropriate expectations.
 - a. Categorize 20 behaviors typical of infants, toddlers, and preschool and school-age children from a list of behaviors.
 - b. Identify from a list of activities those appropriate for specific age groups.
 - c. List at least four ways to incorporate culture of the individual child into the curriculum.
 - d. Identify at least 5 appropriate adult responses to scenarios of children talking about differences and diversity.
 - e. After completing an assessment of one's cultural awareness, identify possible training steps to increase one's cultural awareness.
2. Demonstrate knowledge that children learn through play and active involvement in their environment by describing a skill a child might gain or enhance in each of the following activities: manipulative/blocks, dramatic play, woodworking, cooking, outdoor-play, team games, sensory exploration, painting, water play, and board games.
3. Demonstrate knowledge of planning activities based on the needs of children.
 - a. Observe a child for at least ten minutes and record what you see and hear.
 - b. List at least three ways that the information obtained through observation can be used to assist the child and group of children.
 - c. Identify from a scenario at least five things in a child care environment that help or hurt child's play and learning activities.

Child Guidance

1. List at least three ways that any of the following may influence a child's behavior: environment, developmental needs, caregiver behaviors, inappropriate adult expectations, child's physical needs (tiredness, hunger, onset of illness) and individual family practices or culture.
2. Demonstrate the knowledge of the relationship between the child's developmental level and appropriate guidance techniques.
 - a. Identify, from a list of appropriate and inappropriate guidance techniques, at least three of the five positive techniques as appropriate.
 - b. Identify at least one culturally relevant community resource to assist working with children who exhibit difficult behavior.
 - c. Identify from scenarios cultural differences in guidance techniques and expectations.

Health

1. Show proper hand washing, appropriate diapering, toileting procedures and routine disinfecting of toys and equipment to help prevent the spread of communicable disease.
 - a) List the steps to proper hand washing.
 - b) Identify from a child care scenario each situation where hand washing should take place.
 - c) Describe and show the procedures to be followed when changing diapers.
 - d) Identify from a list of bleach or water solutions the proper mixture for disinfecting diaper changing table, other large surfaces, and the proper mixture for disinfecting toys or equipment.
 - e) Identify proper and improper procedures for clean up and disposal from scenarios involving clothing or equipment soiled by fecal material, urine or other body fluids.
2. Demonstrate an understanding of proper food handling procedures.
 - a) Identify from a list of temperature settings proper food temperatures for both hot and cold food items.
 - b) Identify from a scenario or video at least 8 out of 10 food-handling errors that need immediate correction.
 - c) List the steps involved in the three-step method to clean and sanitize dishes.
3. Demonstrate knowledge of state licensing regulations related to medication management.
 - a) Write or state at least three rules related to administering medications.
 - b) Identify from a scenario which medications require separate storage (oral or topical).
 - c) List two storage methods that will make medications inaccessible to children.
 - d) Complete a medication record keeping form.
 - e) List five community resources for children with special needs. Include addresses and phone numbers.

Safety

1. Demonstrate knowledge of child abuse indicators and mandatory reporting procedures.
 - a) Identify from a scenario at least 15 out of 20 indicators of abuse and neglect
 - b) List the steps to follow when abuse or neglect is suspected.
 - c) List the questions you are likely to be asked in making a CPS report.

- d. List at least three components of a child centered learning environment.
- e. From a list of play materials, match at least 15 out of 20 with the appropriate age group(s).

2. Demonstrate knowledge of safety procedures and accident prevention.

- a) Identify from a picture, video, or scenario of an indoor play area at least 15 of possible 20 hazards that needs immediate correction.
- b) Identify from a picture, video or scenario of an outdoor play area at least 15 of possible 20 hazards that needs immediate correction.
- c) Complete an accident report incorporating all necessary information.
- d) List at least 10 environmental safety precautions to prevent injury due to choking, falls, accidental poisoning, or shifting of materials during an earthquake.